

Family Support Organization Presents:

TRAUMA

How it Impacts the Individual and Those Around Them

Facilitated by: Melissa von der Heide, MA, LMFT

Melissa is a Marriage and Family Therapist at Contextual Family Services. Ms. von der Heide has extensive experience working with children. She also has many years of experience working with children who have been victims of sexual abuse and families who are grieving. Ms. von der Heide completed her trauma training through the Child Sexual Abuse Consultation Project through the Department of Children and Families: Division of Child Behavioral Health Services. She has also published on the topic of helping parents establish literacy through play. In 2010, Ms. von der Heide entered training to become a Parent Child Interactive Therapy Trainer.

This presentation will review the different forms and symptoms of trauma and how it impacts the brain, relationships, and family dynamics. It will also explore secondary trauma which impacts family, friends, and providers. It will provide information on treatment, how to be supportive, and self care for all impacted by trauma. The Facilitator will also assist in identifying ways to help in the healing process.



Tuesday
February 6th
6pm - 8pm

TriCounty CMO
1st Floor Conference Room
3040 Route 22 West
Branchburg, NJ 08876

Questions: 908.223.1191
To RSVP: aruiz@fso-hsw.org

