

COVID-19

KEEP THANKSGIVING SAFE!

For Your Safety & The Safety of Others



Considerations for Hosts

BEFORE GATHERING:

- Keep Thanksgiving plans as small as possible.
- Limit the number of guests you invite. Fewer people is safer.
- Avoid indoor gatherings as much as possible. Consider hosting a virtual gathering if possible.
- If you do host indoors, increase ventilation by opening windows & doors or by placing central air and heating on continuous circulation.
- Keep it short. Limit your time together – the longer the time, the greater the risk.
- Provide guests with supplies to help everyone stay healthy: extra masks, hand sanitizer, and tissues.
- Stock bathrooms with enough hand soap and water for at least 20 seconds and use hand sanitizer that contains at least 60% alcohol.
- Inform guests to mask, 6 ft. distance, & wash hands often.
- Arrange tables & chairs to allow for at least 6 ft. distancing if possible.
- Remind guests to stay home if sick.

DURING GATHERING:

- Keep a list of guests for future contact tracing.
- Minimize close contact. Safely greet guests with a wave, a nod or a bow. Avoid hugs, elbow bumps.
- Encourage guests to bring their own food and drinks.
- Avoid self-serve buffet style food, or designate key people as servers.
- Wear masks when not eating, and distance when eating
- Encourage guests to avoid singing or shouting, especially indoors. Keep music levels down so people don't have to shout or speak loudly to be heard.
- Clean and disinfect commonly touched surfaces and any shared items between us.
- Encourage guests to come to you with any safety concerns

How do I stay safe when attending a gathering?



Considerations for Guests

BEFORE GATHERING:

- Call host to ask how you and others can stay safe
- Stay home if you are sick
- Do not bring any uninvited guests
- Create a safety plan and discuss it with your household
- Bring your own PPE (ex: masks, sanitizer), and consider bringing your own food & drinks

DURING GATHERING:

- Provide your contact information to the host
- Wash your hands before serving or eating food
- Limit close contact with non-household contacts
- Do not share food or reusable items like silverware, napkins, straws, or tablecloths
- Use single-use options
- Let host know of any safety concerns

For more information, please visit:

The Centers for Disease Control and Prevention:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html>

New Jersey Department of Health:

<https://covid19.nj.gov/>

Montgomery Township Health Department:

www.health.Montgomery.nj.us/covid19

MASK. PHYSICAL DISTANCE. WASH HANDS OFTEN.

Montgomery Township Health Department

Also serving the Boroughs of

Hopewell ■ Pennington ■ Rocky Hill

(908) 359-8211 • health.Montgomery.nj.us/COVID19



Public Health
Prevent. Promote. Protect.

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