

COVID-19

# What's Your Risk?

Low Risk

Medium Risk

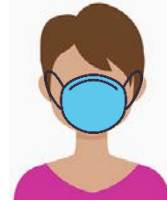
High Risk



MASK



MASK



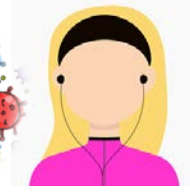
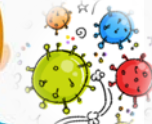
MASK



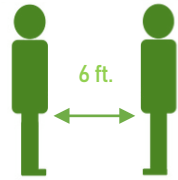
NO MASK



NO MASK



NO MASK



6 ft.

- ✓ Wash Hands with Soap & Water Often
- ✓ Don't Touch Your Face
- ✓ Keep 6 ft. distancing
- ✓ Limit social gatherings



- × Less than 6 ft. distancing
- × Small social gatherings



- × No distancing
- × Large social gatherings

## AT HOME & WITH HOUSEMATES

- STREAMING TV
- VIDEO CHAT
- CHECKING ON FAMILY & FRIENDS SAFELY
- YARD WORK
- PLAY OUTSIDE
- COOKING
- GETTING FUEL
- GOING FOR A WALK
- HIKING
- BIKING
- GOLFING
- CAMPING
- GETTING GROCERIES
- GETTING TAKEOUT

## INDOOR / OUTDOOR ACTIVITIES

- BEACHES
- PARKS
- BACKYARD BBQs
- RESTAURANTS - OUTDOOR
- LIBRARIES & MUSEUMS
- NON-CONTACT SPORTS
- DOCTORS' OFFICES
- MALLS
- VISITORS IN YOUR HOME
- HAIR SALONS
- CONTACT SPORTS
- RESTAURANTS - INDOOR
- MOVIE THEATERS
- PLACES OF WORSHIP
- PUBLIC POOLS
- SLEEP OVERS & PLAYDATES
- TRAVEL

## INDOOR / OUTDOOR GATHERINGS

- BARS
- BUFFETS
- GYMS
- CONCERTS
- SPORTS STADIUMS



Public Health  
Prevent. Promote. Protect.

# MONTGOMERY TOWNSHIP HEALTH DEPARTMENT

(908) 359-8211 ▪ [Health.Montgomery.nj.us/covid19](http://Health.Montgomery.nj.us/covid19)



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