

COVID-19

CLEANING, & DISINFECTING

Regular cleaning, and disinfecting are the best defense to stop the spread of disease.

CLEANING

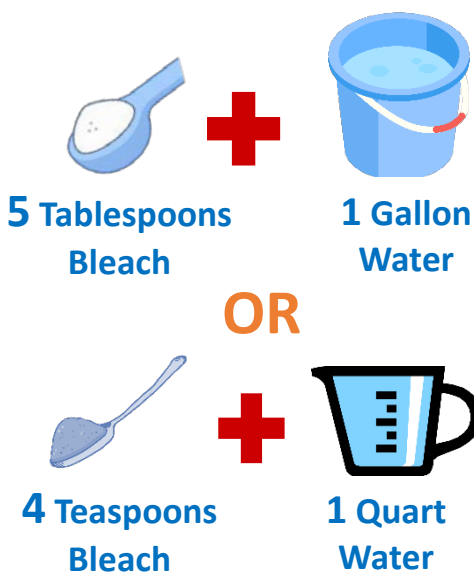
- Wear disposable gloves to clean and disinfect.
- Clean surfaces using soap and water, then use disinfectant.
- Cleaning reduces number of germs, dirt, and particles on surfaces.
- Disinfecting kills germs on surfaces.
- Practice routine cleaning of frequently touched surfaces -
Ex: Tables, doorknobs, light switches, desks, countertops, handles, phones, keyboards, toilets, faucets, sinks, etc.



DISINFECTING



CDC Recommended Bleach Solutions



Bleach solutions are effective for up to



- Use EPA-registered disinfectant to kill germs on surfaces.
- Many products recommend:
 - Keep surface wet for a period of time (see product label)
 - Wear gloves and have good ventilation when using the product.
- Use diluted household bleach solutions if appropriate for the surface.
 - To make a bleach solution, mix:
 - ✓ 5 tablespoons (1/3rd cup) bleach per gallon of water OR
 - ✓ 4 teaspoons bleach per quart of water
 - Bleach solutions will be effective for disinfection up to 24 hours.
 - Alcohol solutions with at least 70% alcohol may also be used.
- Use after cleaning and recommended for high-touch surfaces, especially bathrooms.

With the spread of the COVID-19 virus, all places where people work, travel, visit, and patron should be using disinfectants.



Montgomery Township Health Department
Health.Montgomery.nj.us/covid19 • (908) 359-8211

Last updated: May 15, 2020

