



JOIN US

Take a Break! Join AARP in Caring for Desi Caregivers

November is National Family Caregivers Month and AARP New Jersey is celebrating by hosting a day of fun and education for Desi caregivers on Saturday, November 17. This lunch and learn event will feature speakers on a variety of topics including financial and community resources and healthcare. We'll also have Tai Chi and Zumba! If you're currently a caregiver or you might be one in the future, you won't want to miss this!

Did you know?

The Asian-Indian population is almost twice as likely to care for elders as the general population. It's a labor of love – but caregiving can be overwhelming. AARP is here to support family caregivers with resources and information. We look forward to seeing you on November 17!

Saturday, November 17, 2018
10 a.m. – 2 p.m.

FairBridge Hotel & Conference Center
195 Davidson Avenue
Somerset, NJ 08873

RSVP online at aarp.cvent.com/DesiCaregivers
or call **1-877-926-8300**.

Lunch will be served and free parking is available.

AARP
Family Caregiving™