



Youth Mental Health First Aid Join the Movement

A young person you know could be experiencing a mental health or substance use problem. **Learn an action plan to help.**

Become a Youth Mental Health First Aider. Anyone 18 or older can take this course. Recommended for parents, teachers, coaches, social workers, faith leaders and other caring citizens those who regularly interact with young people ages 12 –18.

WHEN:

Thursday, May 10th
8:30 am - 5:00 pm
*Participants must attend all day
to be certified First Aiders*

WHERE:

Bernards Township Library
Program Room A
32 South Maple Avenue
Basking Ridge, NJ 07920

COST:

\$50 - Includes program materials, certification, and snacks.
Lunch is on your own

REGISTRATION:

Call Kaitlin Cartoccio at
(908) 204 - 2523 to register.
Make checks payable to :
Bernards Township Municipal Alliance
262 South Finley Ave
Basking Ridge, NJ 07920

YOU can be the one to make a difference.



Bernards Township
Municipal Alliance
Against Substance Abuse



For more information :
visit www.bernardsalliance.org